

# **MEDI AID (UK) LTD**

## **EMERGENCY FIRST AID AT WORK**

### **COURSE AIMS, OBJECTIVES AND SYLLABUS**

#### **AIMS & OBJECTIVES OF THE COURSE**

For students to be to fulfil the role of an Emergency First Aider as required by the Health and Safety (First Aid) Regulations 1981. The student should be able to look after the first aid arrangements within the workplace/area, activate the Emergency Services and administer Emergency First Aid.

#### **COURSE CONTACT TIME**

This course has 6 hours Guided Learning Hours (GLH) as required by the HSE. This time does not include breaks. If the full course contact time is not completed we may not be able to issue the Emergency First Aid at Work Certificate. The course runs over 7 hours' time period, 6 GLH plus two 15 minutes breaks and a 30 minute lunch break.

#### **SYLLABUS**

Understand the role of the first aider including reference to:

the importance of preventing cross infection;

the need for recording incidents and actions;

use of available equipment;

Assess the situation and circumstances in order to act safely, promptly and effectively in an emergency;

\_ administer first aid to a casualty who is unconscious (including seizure);

\_ administer cardiopulmonary resuscitation including the safe use and application of an AED (Defibrillator);

\_ administer first aid to a casualty who is choking;

\_ administer first aid to a casualty who is wounded and bleeding;

\_ administer first aid to a casualty who is suffering from shock;

\_ provide appropriate first aid for minor injuries (including small cuts, grazes and bruises, minor burns and scalds, small splinters).

This course is certificated by Medi Aid (UK) Ltd and meets the requirements of the Health and Safety Executive (HSE) to provide this training.

A full Emergency First Aid at Work course is required to be taken after 3 years.

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